

# A Disarming Spirit by Frank Fromherz

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A Disarming Spirit by Frank Fromherz is a very timely book. It is a study of one person and his ongoing struggle to live his truth and how it can make a difference. If you were to want a biography written about your life, you would hope it would be with the care and attention to detail that Frank gives to Bp. Hunthausen. He walks us through how one person accepts their truth with integrity and courage. Like any of us who starts out in life discovering our path step by step, often finding the way after many trials and errors, “Dutch” accepts each step with prayerful attention. We would hope that we too would be remembered for the quiet and sometimes heroic choices we make in the name of love.

Love for the truth, a healthy self-love, resulting in love for others. “Dutch’s” details are unique to him, as are each of ours. Reading this book will give anyone encountering it a model of how to do it too. In these chaotic times it is becoming ever more important to give each other our best, even if we like “Dutch” won’t live to see our hopes materialize. But if someone writes our story someday, let us hope that someone cares enough to tell it as comprehensively as Frank, so we can add our truth to the world story.

