Michael Casey once again is a faithful guide for the journey we all are on to God. On the last page Casey writes; “There is a grace and energy; at work carrying us upward that does not stem from our own limited resources.” This energy/grace can be explored chapter by chapter. He reflects on discontinuity, desire, humanity, alternation, temptation, self-knowledge, petition, dedication, contemplation, faith, revelation, leisure, silence, community and communion. Reflecting deeply in the ways God engages us in all these aspects of our lives in order to guide us to our destiny in God.