

# Less Than Fully Catholic by Trisha Day

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Less than Fully Catholic is written by a friend of mine Trisha Day. She warned me that I might be offended by some of what she wrote, but I can assure you I not only was not offended by more importantly challenged. We share the ‘cradle Catholic’ experience which entailed swallowing many [gizzard stones](#).

In my Dominican training we were introduced to what is called “gizzard” preaching. Preaching that reveals that what we have to share is put through the process that the gizzard does to food a creature ingests that needs grinding up in order to be assimilated. Then it is passed on to the rest of the digestive system to nourish the entire system. Trisha had done this for us.

She has taken those things she ingested as a child of faith and processed them in the [gizzard](#) of her life experiences. Like many today she finds that those things that sustained her grandparents were not nurturing her. Those same things became her gizzard stones. Her vast reservoir of reading and reflecting on the meaning of life have been run through her gizzard and she produces a ‘gizzard homily’ that will nourish all honest seekers.

We live in times that challenge most of what we think we know. Be it how everything came to be to what everything is destined to become. No generation before us has had to deal with the paradigm shifts we in one generation confront. Unless we like Trisha deal honestly with these questions we could drop the ball that literally “keeps the game going”.

So potential reader, if you define Catholic as an Adjective which the dictionary includes:

all-around (also all-round), all-purpose, general, general-purpose, unlimited, unqualified, unrestricted, unspecialized

You might join me and put Trisha at the heart of what it truly means to be catholic for our troubled times. She has given us a truly nourishing meal. Enjoy.

